

Advanced Leadership Programs

Bronze Star

Prerequisite: 8+ Years (recommended)

Bronze Star is an excellent preparation for success in Bronze Medallion. Participants develop problem solving and decision making skills. They learn CPR and develop Water Smart confidence and lifesaving skills.

February 22-March 22 (5 Classes) 12:00-2:00 pm Code: **13413** Fee: **\$62.50**
 July 6-16 (8 Classes) 10:00-11:30am Code: **12735** Fee: **\$62.50**

Bronze Medallion/Bronze Cross

Prerequisite: Completion of Bronze Star or 13+ years

Students develop lifesaving and leadership skills and learn the principles of emergency procedures and teamwork. Students will also improve their swimming efficiency and endurance over increased distances.

March 30-April 3 (5 Classes) 9:00-3:30pm Code: **13414** (13426)
 Aug. 4-13 (8 Classes) 9:00-2:00pm Code: **13415** (13427)
 Sept. 26-Nov. 28 (8 Classes) 9:00-2:00pm Code: **13416** (13428)
Fee: \$252.00 plus course materials (GST will be added for participants 16+ yrs)

National Lifeguard Service (NLS)

Prerequisite: 16+ Years, Bronze Cross & Current Standard First Aid

NLS builds on the knowledge and values taught in the Lifesaving awards to develop the practical skills and knowledge required by lifeguards. NLS education is designed to develop a sound understanding of lifeguard principles, good judgment and a mature responsible attitude towards the role of a lifeguard.

May 1-10 9:00-5:00pm Code: **12561**
 (Friday May 1 & 8 classes run from 5:00 - 9:00 pm)
 August 24-28 9:00-5:00pm Code: **13419**
 Dec. 21-30 11:00-5:00pm Code: **13420**
 (December classes run Mon - Wed only)

Fee: \$234.75 including materials

NLS/AEC Recertification

April 26 8:00-3:00pm Code: **13424** Fee: **\$80.00**
 Oct 25 8:00-3:00pm Code: **13425** Fee: **\$80.00**

Assistant Water Safety Instructor (AWSI)

Pre-Requisite: Swim Kids 10 and 15+ Years

Introduces candidates to the foundation of instructional skills by focusing on the theoretical knowledge that supports learning and teaching methods, styles, physical principles, progressions, communication, safety supervision and feedback. Candidates are provided the opportunity to demonstrate and be evaluated on their understanding of skills and knowledge through an 8 hour practical teaching experiences and hands-on assignments.

March 7-15 9:00-4:30pm Code: **13411**
 (4 Classes)
 July 20-24 9:00-3:00pm Code: **13412**
 (5 Classes)
 Sept. 12-20 9:00-4:30pm Code: **13423**
 (4 Classes)

Fee: \$200.00 including materials

Aquatic Emergency Care (AEC) & O2 Administration

AEC is a standard First Aid course which teaches the care of injuries and illness common to pool and waterfront situations. Emphasis is placed on vital signs, priority assessment and basic emergency care principles. This course includes certification in CPR Level C and O2 Administration.

April 18-19 8:00-6:00pm Code: **12552**
 July 27-30 9:00-2:00pm Code: **13417**
 Dec. 12-13 8:00-6:00pm Code: **13418**

Fee: \$200.00 including materials

Water Safety Instructor (WSI)

Pre-Requisite: Assistant Water Safety Instructor and 16+ Years

This course prepares candidates to instruct the Water Safety Program. Candidates experience, analyze and apply the Red Cross Swim program curriculum. This Program requires candidates to successfully complete 12 hours of practice teaching to complete.

May 23-31 (4 Classes) 9:00-4:30pm Code: **12724** Fee: **\$195.00 including materials**
 August 17-21 (5 Classes) 9:00-3:00pm Code: **12871** Fee: **\$195.00 including materials**
 November 9,10,12,13 (4 Classes) 9:00-4:30pm Code: **13421** Fee: **\$195.00 including materials**

Recertification

April 25 9:00-1:00pm Code: **12725** Recertification Fee: **\$60.00**
 November 14 9:00-1:00pm Code: **13422** Recertification Fee: **\$60.00**