

*Trying to juggle a new baby, responsibilities and
Finding time to exercise? Try...*

BABYSIZE

What is BABYSIZE?

A water exercise program designed to promote parent & tot bonding with fun and fitness!

Bring your baby for a workout and meet other parents. Maximum of 1 baby/adult please. Approved swim diaper required. Inflatable's may be available for sale, dependant on the time of year.

Classes offered:

Tue/Thu	Feb 24 -Mar 19	2:45-3:30 pm	Code #12451
Tue/Thu	April 7 - April 30	9:45-10:30 am	Code #12554
Tue/Thu	April 7 -April 30	2:45-3:30 pm	Code #12555
Tue/Thu	May 5 -May 28	9:45-10:30 am	Code #12556
Tue/Thu	May 5-May 28	2:45-3:30 pm	Code #13108
Tue/Thu	June 2-June 25	9:45-10:30 am	Code #13109
Tue/Thu	Sept 15-Oct 8	9:45-10:30am	Code #12881
Tue/Thu	Oct 13-Nov 5	2:45-3:30pm	Code #12882
Tue/Thu	Nov 17-Dec 10	2:45-3:30pm	Code #12883

Rate: \$44.50 (8 classes)



Due to the popularity of the PRESCHOOL PLUNGE & PLAY Program, Harbour Pool reserves the right to restrict the number of course registrations per child. If you have any questions regarding this please contact a Customer Service Representative.

PRESCHOOL PLUNGE & PLAY

Preschool Plunge and Play is a class developed for children aged 3 to 5 years. A combination of physical activity, art, music, stories, snacks...and of course a swim, makes this preschool program a splash with everyone. Each class includes at least a half hour pool session. Remember to book early as space is limited! Parent participation is not required. *Please note that children must be **completely toilet trained** prior to class registration.*

Winter

Mondays (5)	9:00-11:30am	Feb 23—March23	Code #12455
Mondays (5)	1:00-3:30 pm	Feb 23—March23	Code #12456
Wednesdays (6)	9:00-11:30am	Feb 18—March 25	Code #12457
Wednesdays (6)	1:00-3:30 pm	Feb 18—March 25	Code #12458
Fridays (6)	9:00-11:30 am	Feb 20—March 27	Code #12459
Fridays (6)	1:00-3:30 pm	Feb 20—March 27	Code #12460

Spring

Mondays (4)	9:00-11:30am	April 20—May 11	Code #12563
Mondays (4)	1:00-3:30 pm	April 20—May 11	Code #12564
Wednesdays (6)	9:00-11:30am	April 8—May 13	Code #12565
Wednesdays (6)	1:00-3:30 pm	April 8—May 13	Code #12566
Fridays (5)	9:00-11:30 am	April 17—May 15	Code #12567
Fridays (5)	1:00-3:30 pm	April 17—May 15	Code #12568
Mondays (5)	9:00-11:30am	May 25—June 22	Code #12569
Mondays (5)	1:00-3:30 pm	May 25—June 22	Code #12570
Wednesdays (6)	9:00-11:30 am	May 20—June 24	Code #12571
Wednesdays (6)	1:00-3:30 pm	May 20—June 24	Code #12572
Fridays (5)	9:00-11:30 am	May 22—June 19	Code #12573
Fridays (5)	1:00-3:30 pm	May 22—June 19	Code #12574

Fall

Mondays (4)	9:00-11:30am	Sept 14—Oct 5	Code #12890
Mondays (4)	1:00-3:30 pm	Sept 14—Oct 5	Code #12891
Wednesdays (6)	9:00-11:30 am	Sept 9—Oct 14	Code #12892
Wednesdays (6)	1:00-3:30 pm	Sept 9—Oct 14	Code #12893
Fridays (6)	9:00-11:30 am	Sept 11—Oct 16	Code #12894
Fridays (6)	1:00-3:30 pm	Sept 11—Oct 16	Code #12895
Mondays (7)	9:00-11:30am	Oct 19—Dec 7	Code #12896
Mondays (7)	1:00-3:30pm	Oct 19—Dec 7	Code #12897
Wednesdays (7)	9:00-11:30am	Oct 21—Dec 9	Code #12898
Wednesdays (7)	1:00-3:30pm	Oct 21—Dec 9	Code #12899
Fridays (7)	9:00-11:30am	Oct 23—Dec 11	Code #12900
Fridays (7)	1:00-3:30pm	Oct 23—Dec 11	Code #12901

Sessions

4 Classes	\$46.50
5 classes	\$58.00
6 classes	\$69.50
7 classes	\$81.00

Rates:

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5 classes	\$58.00
6 classes	\$69.50
7 classes	\$81.00